
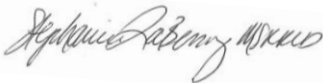


# March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Chicken	Hamburger on a Bun	Open Face Turkey Sandwich	Ham Balls	Beef Patty & Onions
Parslied Potatoes	Onion/Pickle	Whipped Potatoes	Buttered Potatoes	Escalloped Potatoes
Green Beans Amandine	Potato Salad	Mixed Vegetables	Asparagus Cuts	Peas & Carrots
Pineapple	Baked Beans	Fruit Cocktail	Dark Cherries	Peaches
Apricots	Applesauce	Peanut Butter Bar	Sugar Cookies	Cake
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Meatloaf	Cod	Mushroom Steak	Chicken and Bean Chili	Macaroni & Cheese w/
Creamed Potatoes	Broccoli Rice Au Gratin	Potato	1/2 Egg Sandwich	Ham
Brussels Sprouts	Cauliflower	Winter Blend Vegetables	Crackers	Broccoli Normandy
Tropical Fruit	Banana	Cinnamon Applesauce	Fruit Cocktail	Strawberries
Spiced Peaches	Muffin	Pumpkin Bar	Jell-O	Tapioca Pudding (high sodium day)
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Minestrone Soup	Corned Beef and Cabbage	BBQ Chicken	<b>Cook's Choice</b>	Ranchero Steak
1/2 Ham Salad Sandwich	Carrots & Potatoes	Baby Potatoes	Pizza	Rice
Carrots	Luck of the Irish Salad	Asparagus	Salad	Spinach Salad
Fruit Cocktail	 Pears	Banana	Mandarin Oranges	Peaches
Strawberry Yogurt	Poke Cake	Cherry Crisp	Dessert	Frosted Brownie Roll
	<b>Happy St. Patrick's Day!</b>	<b>BIRTHDAY DAY</b>		
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Cook's Choice</b>	Meatball Sandwich	Ham & Bean Soup	Oven Fried Chicken	Beef Pepper Steak
Beef Stew	Tater Tots	Broccoli	Mashed Potatoes w/ Gravy	Over Rice
Banana Bread	Buttered Corn	CranPineapple Salad	Green Beans	Spinach Salad
Peach Half	Pears	Tropical Fruit	Strawberries & Bananas	Blueberries
Crackers	Butterscotch Bar	Cornbread	Snickerdoodle	Cookie
<b>30</b>	<b>31</b>			
Crispy Fish	Sloppy Joe on Bun	**Milk offered with all meals.	 Stephanie Labenz RD,LD	To cancel a meal, call
Mashed Potatoes	Sweet Potato Tots	All meals meet 1/3 of the		641-792-7102
Carrots	Broccoli Normandy	Recommended Dietary		or Toll Free
Banana	Chilled Pineapple	Allowances (RDA) for		1-866-942-7102
Vanilla Cream Pudding	Brownie	older adults.		