

April 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
TO CANCEL A MEAL, CALL 641-792-7102 OR TOLL FREE 1-866-942-7102		Chef Salad Fruit Cocktail Lemon Cake	Macaroni & Cheese w/Ham Roll Brussel Sprouts Mandarin Oranges Banana Bar	Chicken & Noodles over Whipped Potatoes Mixed Vegetables Apricots Cookie
6	7	8	9	10
Chicken Patty on Bun Lettuce & Pickles Carrots Fries Cranberry Fluff Salad	Crispy Fish Fillet Peas Corn O'Brien Apricots Cherry Dump Cake	Spaghetti Mixed Vegetables Applesauce Orange Garlic Bread	Fruited Chicken Salad on Bed of Lettuce Pickled Beets Dessert	Meatballs Mashed Potatoes Asparagus Pears Blueberry Muffin Bar
13	14	15	16	17
Lemon Fish Creamed Potatoes Country Trio Vegetables Dinner Roll Pineapple	Santa Fe Chicken Pasta Salad Spinach Mandarin Oranges Brownie	Swiss Mushroom Steak Rice Peas Strawberries Cookie	Scalloped Potatoes & Ham Asparagus Mixed Fruit Dessert	Tuna Macaroni Salad with Peas Crackers Peaches Berry Crisp
20	21	22	23	24
Beefy Noodles over Potatoes Peas Spiced Pears Dessert	Beef Patty Whipped Potatoes Broccoli Normandy Dinner Roll Rosy Applesauce	Fish Sandwich Baked Beans Pickled Beets Fruit Cocktail Cookie	Ham Balls Party Potatoes Broccoli Strawberry Short Cake	Biscuits & Gravy Hashbrowns Carrots Berry Blend Muffin
27	28	29	30	
Hot Dog Baked Beans Apricots Pudding	Chicken Tetrazzini Carrots Fruit in Cherry Gelatin Dessert	BBQ Beef on Bun Tator Tots Lettuce Salad Peaches Dessert	Fish Sandwich French Fries Kidney Bean Salad Mixed Fruit Dessert	

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

Stephanie Labenz MS, RD, LD
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