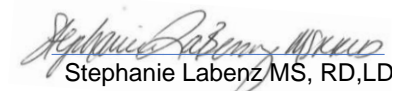


February 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cook's Choice	Meatball	Lasagna	Crispy Baked Fish	Taco Soup
Beef & Noodles	Baked Potato	Mixed Vegetables	Creamy Hash Brown Casserole	Spinach Salad
over Whipped Potatoes	Asparagus	Applesauce	Corn O'Brien	Crackers
Vegetables	Pears	Orange	Berry Cup	Pineapple
Fruited Yogurt	Dessert	Garlic Bread	Cherry Dump Cake	Chocolate Chip Cookie
Dessert				
8	9	10	11	12
BBQ Beef on Bun	Pork Florentine Casserole	Crispy Fish	Parmesan Chicken	Beef Macaroni & Cheese
Sweet Potato Fries	Peas	Party Potatoes	Tuscan Blend Vegetables	Stewed Tomatoes
Lettuce Salad	Strawberry Shortcake	Brussels Sprouts	Apricots	Green Beans
Peaches		Garlic Toast	Cookie	Orange
Fruited Yogurt		Vanilla Fruit Salad		Fruit Bar
15	16	17	18	19
	Meatloaf	Chicken Pasta Salad	Scalloped Potatoes	Hamburger Chowder
CLOSED	Baked Potato	on Lettuce	Ham	Lettuce Salad
	Peas	Spinach	Asparagus	Crackers
PRESIDENT'S DAY	Strawberries	Mandarin Oranges	Banana and Orange Cup	Peaches
	Cookie	Brownie	Dessert	Berry Crisp
22	23	24	25	26
Salisbury Steak	Baked Potato w/ Ham	Fish Sandwich	Cheese Pizza	Smothered Pork
Parmesan Potato	Cheese Sauce	Fries	Lettuce Salad	Cheesy Potato Casserole
Sliced Carrots	Broccoli	Coleslaw	Banana	Green Beans
Rosy Pears	Tropical Fruit	Strawberries	Orange Jell-O	Apricots
Granola Bar	Pistachio Salad	Cookie		Cake
				MEALS ARE FUNDED
				BY
	TO CANCEL			*JASPER COUNTY*
	YOUR MEAL,			*AGING RESOURCES*
	CALL			*CLIENT DONATIONS*
	641-792-7102			*MEMORIALS*
				FUNDRAISERS

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.


Stephanie Labenz MS, RD, LD