

CDC Guidance Updates

Talking Points

08/02/2021

- The CDC provided updated guidance this past week that provides recommendations on mask use and testing in certain areas for both vaccinated and unvaccinated persons.
- There has been a recent increase in virus activity nationwide and the emergence of the more transmissible delta variant as the predominant strain.
- Every Iowan should remember that the most important thing we can all do is get vaccinated. Vaccination helps to limit the spread and severity of this virus.
- Vaccine supply in the state is stable and vaccines are readily available.
- Iowans with questions about the vaccine should reach out to their health care provider or local public health.
- In addition to vaccination, public health continues to recommend the use of other mitigation approaches including staying home when you're sick, washing your hands, and using facemasks and social distancing as a layered approach to make virus spread less likely.
- The public health best practice recommendations and CDC information can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>