


# June 2021

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>TO CANCEL YOUR MEAL, CALL 641-792-7102. MEALS WILL NOT BE LEFT IF YOU ARE NOT HOME.</b>	Chicken Broccoli Pasta	Cook's Choice	Cheeseburger	Club Sandwich
	Green Beans	Taco Salad	French Fries	Chips
	Apricots	Tortilla Chips & Salsa	Cooked Carrots	Fresh Vegetables
	Fruit Cocktail	Strawberries	Mandarin Oranges	Ambrosia Salad
	Roll	Dessert	Chocolate Chip Cookie	Grapes
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Swiss Steak & Onions	Fish Sandwich	Chicken & Rice Casserole	Salisbury Steak	Biscuits & Gravy
Broccoli	Coleslaw	Mixed Vegetables	Potatoes	Hashbrowns
Escalloped Potatoes	Sweet Potato Fries	Melon	Green Beans Amandine	Tomatoes
Dinner Roll	Mandarin Oranges	Carrot Cake	Cheesecake w/fruit Topping	Dark Cherries
Fruit	Cake		Apple	Fruited Yogurt
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Tossed Salad w/Grilled Chicken	Beef Stroganoff Over	Broccoli Cheese Soup	Pork	Cook's Choice
Pickled Beets	Buttered Egg Noodles	1/2 Tuna Salad Sandwich	Whipped Potatoes & Gravy	Stuffed Peppers
Crackers	Brussels Sprouts	Crackers	Broccoli Normandy	Corn
Banana	Fruit Cup	Cantaloupe	Grapes	Fresh Pear
Roll	Butterscotch Pudding	Brownie	Cherry Fruit Salad	Dessert
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
BBQ Pork on Bun	Tater Tot Casserole	Lasagna	Chicken	Baked Cod
Sweet Potato French Fries	Peas	Lettuce Salad	Potato w/ Onion	Macaroni & Cheese
Asparagus	Pears	Italian Vegetables	Spinach	Carrots
Mixed Berry Cup	Cherry Pink Cloud Salad	Watermelon	Peaches	Strawberries
Chocolate Mousse		Garlic Bread	Dessert	Ice Cream
<b>28</b>	<b>29</b>	<b>30</b>	<b>MEALS FUNDED BY</b>	
Turkey Divan	Pot Roast	Chicken Salad on Bun	<b>*JASPER COUNTY</b>	<b>*ELDERLY WAIVER</b>
Potatoes	w/ Roasted Vegetables	Spoon Salad	<b>*AGING RESOURCES</b>	<b>*MEMORIALS</b>
Asparagus	Mandarin Oranges	Three Bean Salad	<b>*CLIENT DONATIONS</b>	<b>*FUNDRAISERS</b>
Pineapple	Apple Raisin Cobbler	Pears		
Lemon Pudding	Dinner Roll	Cookie		

\*Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

  
Stephanie Labenz MS,RD,LD