

# May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Roast Turkey	Pork Chop	Baked Chicken 1	Spaghetti with Meat sauce 1	<b>Cinco De Mayo!</b>
Sweet Potatoes 2	Mashed Potatoes w/ Gravy 1	Escalloped Potatoes 1	Lettuce Salad	Spanish Rice 2
Lima Beans	Broccoli Normandy	Brussels Sprouts	Mandarin Oranges 1	 Fiesta Corn 2
Apricots 1	Yogurt 2	Applesauce 1	Fruit Cocktail 1	Plums 1
Peanut Butter Bar	Orange 1	Cookie 1	Garlic Bread 1	White Cake w/Frosting 2
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Scalloped Potatoes w/ Turkey Ham 2	Chicken Noodle Soup .5	Crispy Fish Sandwich 1.5	Roast Beef w/Gravy	Baked Potato Bar 1.5
Cauliflower	Spinach Salad	Sweet Potato Tator Tots	Mashed Potatoes 1	w/sausage & cheese
Peas & Carrots .5	Crackers 1	Brussels Sprouts w/ Cheese Sauce	Broccoli	Broccoli Normandy
Tropical Fruit 1	Orange 1	Cherries 1	Banana 2	Apple 1
Pears 1	Apple Bread Pudding 2	Snickerdoodle 2	Blondie Bar 2	Mixed Fruit 1
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Turkey Supreme 2	Meatloaf	<b>BIRTHDAY DAY</b>	Baked Fish	Chicken Salad on Bun 1
Mashed Potatoes 1	Potatoes 1	Herb Baked Chicken	Mixed Vegetables 1	Broccoli Cheese Soup
Spinach	Green Beans Amandine	Garden Rice Blend 2	Peas 1	Succotash 1/5
Cake 2	Pineapple 1	Green Beans	Tropical Fruit 1	Apricots 1
w/Strawberries 1	Orange 1	Cinnamon Applesauce 1	Cherries 1	Fruit Cocktail 1
		Cake 1		
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Stuffed Shells 1.5	Beef & Cheddar Sandwich 1	Oven Fried Chicken	Biscuits & Gravy 1.5	Beefburger on Bun 1
Spinach	Potatoes 1	Mashed Potatoes w/ Gravy 1	Asparagus	Sweet Potato Tots 1
Italian Vegetables 1	Harvard Beets 1	Green Beans	Orange 1	Potato Salad 2
Pears	Mandarin Oranges	Plums 1	Mixed Fruit 1	Peaches 1
Strawberries 1 	Oatmeal Raisin Cookie 1	Pudding 2		Cookie 1
Garlic Bread 1				Extra Meal for May 29
<b>29</b>	<b>30</b>	<b>31</b>	**Milk offered with all meals.	
	Rigatoni w/ Meat Sauce 2	Ham Loaf	All meals meet 1/3 of the	
<b>Memorial Day</b>	Green Beans	Baked Squash 1.5	Recommended Dietary Allowances	
<b>CLOSED</b>	Capri Vegetables	Seasoned Asparagus	(RDA) for older adults. The number	Stephanie Labenz MS,RD,LD
	Banana 2	Pineapple 1	after the food item denotes the	
	Dessert 2	Apricots 1	carb count for those with diabetes.	
			Cook's Choice day do not have carb count.	